

## The KAUST School 2024

### WEEK 01

Date	January 5, 2025	January 6, 2025	January 7, 2025	January 8, 2025	January 9, 2025
Description	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>Soup</b>	CREAM OF MUSHROOM		LENTIL SOUP	VEGETABLE MEXICAN SOUP	CREAM OF VEGETABLE
<b>ENTRÉE 1</b>	FRIED CHICKEN	CHICKEN OR BEEF BURGER	CHICKEN MANDI	CHICKEN QUESADILLA	BBQ CHICKEN PIZZA
<b>ENTRÉE 2</b>	HOT DOGS	FALAFEL BURGER	BEEF AND VEGETABLE EDAM	BEEF QUESADILLAS	PEPPERONI PIZZA
<b>STARCH</b>	FRENCH FRIES	FRENCH FRIES	POTATO SALOONA	Roasted POTATO	MARGARITA PIZZA
<b>VEGETARIAN PASTA</b>	VEGETABLE LASAGNA	CREAMY PENNE PASTA	PASTA WITH PINK SAUCE	BAKED MACARONI BÉCHAMEL	FASULI PASTA
<b>VEGETARIAN</b>	VEGETABLE NOODLES	VEGETABLE SPRING ROLLS WITH SWEET CHILLI SAUCE	KOSHARI	VEGETABLE CASSEROLE	VEGETARIAN PIZZA
<b>ENTRÉE 3</b>					CHICKEN KABSA
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	MOROCCAN ORANGE & DATE	COLESLAW	CUCUMBER YOGURT	CORN SALAD	RUSSIAN SALAD
<b>VEGETABLE STICK</b>	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP
<b>DESSERT 1</b>	CHEF CHOICE	CHEF CHOICE	COOKIES & CUP CAKE	COOKIES & CUP CAKE	COOKIES & CUP CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT
<b>BREAD 1</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BREAD 2</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

## WEEK 02

Date	January 12, 2025	January 13, 2025	January 14, 2025	January 15, 2025	January 16, 2025
Description	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>Soup</b>	CREAM OF CHICKEN SOUP		CHICKEN CORN SOUP	CREAM OF MUSHROOM	CREAM OF VEGETABLE
<b>ENTRÉE 1</b>	ROASTED CHICKEN	CHICKEN OR BEEF BURGER	CHICKEN BIRYANI	CHICKEN CARBONARA	BBQ CHICKEN PIZZA
<b>ENTRÉE 2</b>	SLOW ROAST VEAL WITH GRAVY	FALAFEL BURGER	BEEF BIRYANI	SPAGHETTI BOLOGNAISE	PEPPERONI PIZZA
<b>STARCH</b>	MASHED POTATO	FRENCH FRIES	POTATO CURRY	GARLIC BREAD	MARGARITA PIZZA
<b>VEGETARIAN PASTA</b>	BAKED MACARONI BÉCHAMEL	CREAMY PENNE PASTA	PASTA WITH PINK SAUCE	VEGETABLE LASAGNA	FASULI PASTA
<b>VEGETARIAN</b>	VEGETABLES SALONA	VEGETABLE SPRING ROLLS WITH SWEET CHILLI SAUCE	VEGETABLE BERYANI	VEGETABLE NOODLES	VEGETARIAN PIZZA
<b>ENTRÉE 3</b>	CHICKEN NUGETS			CHICKEN CURRY WITH RICE	CHICKEN KABSAS
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	CORN SALAD	COLESLAW	RITA	MOROCCAN ORANGE & DATE	RUSSIAN SALAD
<b>VEGETABLE STICK</b>	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP
<b>DESSERT 1</b>	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT
<b>BREAD 1</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BREAD 2</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

### WEEK 03

Date	January 19, 2025	January 20, 2025	January 21, 2025	January 22, 2025	January 23, 2025
Description	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>Soup</b>	CREAM OF BROCCOLI SOUP		CHICKEN CORN SOUP	CREAM OF MUSHROOM	CREAM OF VEGETABLE
<b>ENTRÉE 1</b>	CHICKEN ADOBO	CHICKEN OR BEEF BURGER	CHICKEN BIRYANI	CHICKEN CARBONARA	BBQ CHICKEN PIZZA
<b>ENTRÉE 2</b>	SWEET & SOUR FISH	FALAFEL BURGER	BEEF BIRYANI	BEEF LASAGNA	PEPPERONI PIZZA
<b>STARCH</b>	FRIED RICE	FRENCH FRIES	POTATO CURRY	GARLIC BREAD	MARGARITA PIZZA
<b>VEGETARIAN PASTA</b>	BAKED MACARONI BÉCHAMEL	CREAMY PENNE PASTA	PASTA WITH PINK SAUCE	BAKED VEGETABLE PENNE PASTA	FASULI PASTA
<b>VEGETARIAN</b>	VEGETABLE SHOP SOY	VEGETABLE SPRING ROLLS WITH SWEET CHILLI SAUCE	VEGETABLE BERYANI	SPAGHETTI WITH TOMATO SAUCE	VEGETARIAN PIZZA
<b>ENTRÉE 3</b>				BUTTER CHICKEN WITH RICE	CHICKEN KABSA
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	CORN SALAD	COLESLAW	RITA	MOROCCAN ORANGE & DATE	RUSSIAN SALAD
<b>VEGETABLE STICK</b>	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP
<b>DESSERT 1</b>	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT
<b>BREAD 1</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BREAD 2</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

## WEEK 04

Date	January 26, 2025	January 27, 2025	January 28, 2025	January 29, 2025	January 30, 2025
Description	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>Soup</b>	VEGETABLE NOODLES SOUP		CHICKEN CORN SOUP	CHICKEN SOUP	CREAM OF VEGETABLE
<b>ENTRÉE 1</b>	FRIED FISH WITH TARTAR SAUCE	CHICKEN OR BEEF BURGER	CHICKEN BIRYANI	CHICKEN BURRITOS	BBQ CHICKEN PIZZA
<b>ENTRÉE 2</b>	CHICKEN BBQ	FALAFEL BURGER	BEEF CURRY	FRIED FISH	PEPPERONI PIZZA
<b>STARCH</b>	BAKED POTATO	FRENCH FRIES	POTATO CURRY	ROASTED POTATOES	MARGARITA PIZZA
<b>VEGETARIAN PASTA</b>	MAC & CHEESE PASTA	PESTO CREAMY PENNE PASTA	PASTA WITH PINK SAUCE	FETTUCINI ALFREDO	FASULI PASTA
<b>VEGETARIAN</b>	KOSHARI	VEGETABLE SPRING ROLLS WITH SWEET CHILLI SAUCE	VEGETABLE BERYANI	VEGETABLE CHOWDER	VEGETARIAN PIZZA
<b>ENTRÉE 3</b>					CHICKEN KABSA
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	CORN SALAD	COLESLAW	RITA	MOROCCAN ORANGE & DATE	RUSSIAN SALAD
<b>VEGETABLE STICK</b>	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP	ASSORTED CRUDITÉS WITH HUMUS DIP
<b>DESSERT 1</b>	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE	CHEF CHOICE	COOKIES & CUP CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT	FRESH WHOLE FRUIT
<b>BREAD 1</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BREAD 2</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE