

# Garden school menu

## January to March 2018

### Garden School menu January to March, 2018

<b>MENU 1</b>	<b>Sunday 14 January</b>	<b>Monday 15 January</b>	<b>Tuesday 16 January</b>	<b>Wednesday 17 January</b>	<b>Thursday 18 January</b>
SOUP 1	CREAM OF CAULIFLOWER	CREAM OF MUSHROOM		CREAM OF BROCCOLI	CARROT & GINGER
ENTRÉE 1	CHICKEN QUESADILLA	FISH MANCHURIAN	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	BEEF ENCHILADAS	CHICKEN BIRYANI
ENTRÉE 2	BEEF KABSA	CHICKEN MARYLAND	PIZZA	SWEET & SOUR FISH	PASTA CARBONARA
STARCH	STEAMED RICE	SAFFRON RICE		FRIED RICE	ROAST POTATOES
VEGETABLE	SAUTE MIX VEGETABLES	RATATOUILLE		STIR FRIED VEGETABLES	CARROTS & PEAS
VEGETARIAN 1	VEGETABLE KORMA	VEGETABLE STEAM	FALAFEL BURGER	ASST VEGETABLE	BUTTER VEGETABLE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	TABBOULEH	TOSSED SALAD		MEXICAN SALAD MEDLEY	CUCUMBER & YOGURT
SALAD 3	POTATO SALAD	GRILLED VEGETABLE SALAD		HUMMUS	GREEK SALAD
DESSERT 1	FRUIT CUPS	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRUIT YOGHURT	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	FRESH WHOLE FRUITS	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	ARABIC BREAD	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	WHITE & BROWN BREAD ROLLS	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE
	MILK/JUICE				

# Garden school menu

## January to March 2018

MENU 2	Sunday 21 January	Monday 22 January	Tuesday 23 January	Wednesday 24 January	Thursday 25 January
SOUP 1	MINISTRONE	CHICKEN & CORN		THAI PUMPKIN SOUP	CHICKEN VEGETABLE SOUP
ENTRÉE 1	CHICKEN MARYLAN	FRIED FISH WITH TAR TAR SAUCE	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	CHICKEN PARMIGINA	ROAST CHICKEN
ENTRÉE 2	SPAGHETTI BOLOGNAISE	BEEF ENCHILADAS	PIZZA	BAKED FISH IN TOMATO SAUCE	PASTA CARBONARA
STARCH	PARSLEY POTATOES	STEAMED RICE		SPAGHETTI	ROAST POTATOES
VEGETABLE	CARROT & PEAS	CORN AND PEAS	VEGETABLE PIZZA	MIXED VEGETABLES	CAULIFLOWER MORNAY
VEGETARIAN 1	SPAGHETTI WITH GRILLED VEGETABLES	VEGETABLE TAJAN	FALAFEL BURGER	VEGETABLE STRUDEL	VEGETARIAN SAUTE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	COLESLAW	MOROCCAN ORANGE & DATE		RUSSIAN SALAD	HUMMUS
SALAD 3	GREEK SALAD	TABBOULEH		GRILLED VEGETABLE SALAD	CAESAR
DESSERT 1	FRUIT CUPS & FRUIT YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

# Garden school menu

## January to March 2018

MENU 3	Sunday 28 January	Monday 29 January	Tuesday 30 January	Wednesday 31 January	Thursday 1 February
SOUP 1	LENTIL	CREAM OF VEGETABLE		VEGETABLE NOODLE	POTATO & LEEK
ENTRÉE 1	LASAGNE BOLOGNAISE	CHICKEN SHISH TAWOOK	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	ITALIAN CHICKEN CASSEROLE	MEAT BALLS IN TOMATO SAUCE
ENTRÉE 2	GRILLED WHITE FISH FILLET WITH LEMON BUTTER SAUCE	BEEF BURRITOS	PIZZA	FISH & CHIPS	CHICKEN PICCATA
STARCH	BAKED POTATO WEDGES	STEAMED RICE		MASHED POTATOES	SPAGHETTI
VEGETABLE	BRAISED MIX VEGETABLE	SPINACH IN A CREAMY SAUCE	VEGETABLE PIZZA	CARROTS & PEAS	VICHY CARROTS
VEGETARIAN 1	VEGETARIAN LASAGNE	BUTTER VEGETABLE	FALAFEL BURGER	VEGETARIAN CASSEROLE	SAUTE MIX VEGETABLE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	RICE & VEGGIE SALAD WITH BASIL DRESSING	COLESLAW		TOSSED SALAD	CARROT SLAW
SALAD 3	CAESAR	FATTOUCHE		BEETROOT & EGG	HUMMUS
DESSERT 1	FRUIT CUPS & YOGHURT	FRUIT CUPS	FRUIT CUP & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

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## January to March 2018

<b>MENU 4</b>	<b>Sunday 4 February</b>	<b>Monday 5 February</b>	<b>Tuesday 6 February</b>	<b>Wednesday 7 February</b>	<b>Thursday 8 February</b>
<b>SOUP 1</b>	MINISTRONE	CREAM OF MUSHROOM		CREAM OF BROCCOLI	CARROT & GINGER
<b>ENTRÉE 1</b>	MEDITERRANEAN BRAISED CHICKEN	FISH SZECHUAN	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	BEEF ENCHILADAS	CHICKEN BIRYANI
<b>ENTRÉE 2</b>	LAMB KABSA	CHICKEN MARYLAND	PIZZA	SWEET & SOUR FISH	PENNE PASTA WITH BEEF STRIP
<b>STARCH</b>	MASHED POTATOES	GARLIC FRIED RICE		FRIED RICE	ROAST POTATOES
<b>VEGETABLE</b>	CAULIFLOWER MORNAV	RATATOUILLE	VEGETABLE PIZZA	STIR FRIED VEGETABLES	CARROTS & PEAS
<b>VEGETARIAN 1</b>	STEAM VEGETABLES	MIX VEGETABLE	FALAFEL BURGER	VEGETABLE ENCHILADAS	BREADED VEGETABLE
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	TABBOULEH	TOSSED SALAD		MEXICAN SALAD MEDLEY	CUCUMBER & YOGURT
<b>SALAD 3</b>	TOMATO & MOZZARELLA SALAD	GRILLED VEGETABLE SALAD		HUMMUS	GREEK SALAD
<b>DESSERT 1</b>	FRUIT CUPS & YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
<b>BREAD 1</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BREAD 2</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

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## January to March 2018

<b>MENU 5</b>	<b>Sunday 11 February</b>	<b>Monday 12 February</b>	<b>Tuesday 13 February</b>	<b>Wednesday 14 February</b>	<b>Thursday 15 February</b>
<b>SOUP 1</b>	MOROCCAN VEGETABLE	CHICKEN & CORN		THAI PUMPKIN SOUP	GREEN PEAS SOUP
<b>ENTRÉE 1</b>	CHICKEN MARYLAND	BAKED FISH PAPRIKA	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	CHICKEN KABSAS	ROAST CHICKEN
<b>ENTRÉE 2</b>	SPAGHETTI BOLOGNAISE	BEEF ENCHILADAS	PIZZA	BAKED FISH IN TOMATO SAUCE	LASAGNA BOLOGNAISE
<b>STARCH</b>	PARSLEY POTATOES	POTATO WEDGES		SPAGHETTI	ROAST POTATOES
<b>VEGETABLE</b>	CARROT & PEAS	BRAISED CABBAGE	VEGETABLE PIZZA	MIXED VEGETABLES	CAULIFLOWER MORNAY
<b>VEGETARIAN 1</b>	SPAGHETTI WITH GRILLED VEGETABLES	SAUTE VEGETABLE	FALAFEL BURGER	VEGETABLE STRUDEL	VEGETARIAN LASAGNE
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	COLESLAW	MOROCCAN ORANGE & DATE		RUSSIAN SALAD	HUMMUS
<b>SALAD 3</b>	GREEK SALAD	TABBOULEH		GRILLED VEGETABLE SALAD	CAESAR
<b>DESSERT 1</b>	FRUIT CUPS & FRUIT YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
<b>BREAD 1</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BREAD 2</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

# Garden school menu

## January to March 2018

<b>MENU 6</b>	<b>Sunday 18 February</b>	<b>Monday 19 February</b>	<b>Tuesday 20 February</b>	<b>Wednesday 21 February</b>	<b>Thursday 22 February</b>
<b>SOUP 1</b>	LENTIL	CREAM OF VEGETABLE		VEGETABLE NOODLE	POTATO & LEEK
<b>ENTRÉE 1</b>	LASAGNE BOLOGNAISE	CHICKEN SHISH TAWOOK	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	ITALIAN CHICKEN CASSEROLE	MEAT BALLS IN TOMATO SAUCE
<b>ENTRÉE 2</b>	GRILLED WHITE FISH FILLET WITH LEMON BUTTER SAUCE	BEEF BURRITOS	PIZZA	FISH & CHIPS	CHICKEN PICCATA
<b>STARCH</b>	BAKED POTATO WEDGES	STEAMED RICE		MASHED POTATOES	SPAGHETTI
<b>VEGETABLE</b>	BRAISED CABBAGE	SPINACH IN A CREAMY SAUCE	VEGETABLE PIZZA	CARROTS & PEAS	VICHY CARROTS
<b>VEGETARIAN 1</b>	VEGETARIAN LASAGNE	VEGETABLE CURRY	FALAFEL BURGER	VEGETARIAN CASSEROLE	BUTTER VEGETABLE
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	RICE & VEGGIE SALAD WITH BASIL DRESSING	COLESLAW		TOSSED SALAD	CARROT SLAW
<b>SALAD 3</b>	CAESAR	FATTOUCHE		BEETROOT & EGG	HUMMUS
<b>DESSERT 1</b>	FRUIT CUPS & YOGHURT	FRUIT CUPS	FRUIT CUP & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
<b>BREAD 1</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BREAD 2</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

# Garden school menu

## January to March 2018

MENU 7	Sunday 25 February	Monday 26 February	Tuesday 27 February	Wednesday 28 February	Thursday 1 March
SOUP 1	MINISTRONE	CHICKEN & CORN		THAI PUMPKIN SOUP	CHICKEN VEGETABLE SOUP
ENTRÉE 1	CHICKEN MARYLAND	FRIED FISH WITH TAR TAR SAUCE	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	CHICKEN PARMIGINA	ROAST CHICKEN
ENTRÉE 2	SPAGHETTI BOLOGNAISE	BEEF ENCHILADAS	PIZZA	BAKED FISH IN TOMATO SAUCE	PASTA CARBONARA
STARCH	PARSLEY POTATOES	STEAMED RICE		SPAGHETTI	ROAST POTATOES
VEGETABLE	CARROT & PEAS	CORN AND PEAS	VEGETABLE PIZZA	MIXED VEGETABLES	CAULIFLOWER MORNAY
VEGETARIAN 1	SPAGHETTI WITH GRILLED VEGETABLES	VEGETABLE TAJAN	FALAFEL BURGER	VEGETABLE STRUDEL	VEGETARIAN SAUTE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	COLESLAW	MOROCCAN ORANGE & DATE		RUSSIAN SALAD	HUMMUS
SALAD 3	GREEK SALAD	TABBOULEH		GRILLED VEGETABLE SALAD	CAESAR
DESSERT 1	FRUIT CUPS & FRUIT YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE

# Garden school menu

## January to March 2018

<b>MENU 8</b>	<b>Sunday 4 March</b>	<b>Monday 5 March</b>	<b>Tuesday 6 March</b>	<b>Wednesday 7 March</b>	<b>Thursday 8 March</b>
<b>SOUP 1</b>	MINISTRONE	CREAM OF MUSHROOM		CREAM OF BROCCOLI	CARROT & GINGER
<b>ENTRÉE 1</b>	CHICKEN ALA KING	FISH POT PIE	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	BEEF ENCHILADAS	CHICKEN BIRYANI
<b>ENTRÉE 2</b>	BEEF KABSA	CHICKEN MARYLAND	PIZZA	SWEET & SOUR FISH	PASTA CARBONARA
<b>STARCH</b>	MASHED POTATOES	SAFFRON RICE		FRIED RICE	ROAST POTATOES
<b>VEGETABLE</b>	CAULIFLOWER MORNAV	RATATOUILLE	VEGETABLE PIZZA	STIR FRIED VEGETABLES	CARROTS & PEAS
<b>VEGETARIAN 1</b>	ASST VEGETABLES	VEGETABLE TEMPURA	FALAFEL BURGER	MIX VEGETABLE	BREADED VEGETABLE
<b>SALAD 1</b>	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
<b>SALAD 2</b>	TABBOULEH	TOSSED SALAD		MEXICAN SALAD MEDLEY	CUCUMBER & YOGURT
<b>SALAD 3</b>	TOMATO & MOZZARELLA SALAD	GRILLED VEGETABLE SALAD		HUMMUS	GREEK SALAD
<b>DESSERT 1</b>	FRUIT CUPS & YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
<b>DESSERT 2</b>	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
<b>BREAD 1</b>	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
<b>BREAD 2</b>	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
<b>BEVERAGE</b>	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE



# Garden school menu

## January to March 2018

MENU 9	Sunday 11 March	Monday 12 March	Tuesday 13 March	Wednesday 14 March	Thursday 15 March
SOUP 1	CREAM OF CAULIFLOWER	CREAM OF MUSHROOM		CREAM OF BROCCOLI	CARROT & GINGER
ENTRÉE 1	CHICKEN QUESADILLA	FISH MANCHURIAN	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	BEEF ENCHILADAS	CHICKEN BIRYANI
ENTRÉE 2	BEEF KABSA	CHICKEN MARYLAND	PIZZA	SWEET & SOUR FISH	PASTA CARBONARA
STARCH	STEAMED RICE	SAFFRON RICE		FRIED RICE	ROAST POTATOES
VEGETABLE	SAUTE MIX VEGETABLES	RATATOUILLE		STIR FRIED VEGETABLES	CARROTS & PEAS
VEGETARIAN 1	VEGETABLE KORMA	VEGETABLE STEAM	FALAFEL BURGER	ASST VEGETABLE	BUTTER VEGETABLE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	TABBOULEH	TOSSED SALAD		MEXICAN SALAD MEDLEY	CUCUMBER & YOGURT
SALAD 3	POTATO SALAD	GRILLED VEGETABLE SALAD		HUMMUS	GREEK SALAD
DESSERT 1	FRUIT CUPS	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRUIT CUPS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	FRESH WHOLE FRUITS	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	ARABIC BREAD	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	WHITE & BROWN BREAD ROLLS	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE
	MILK/JUICE				

# Garden school menu

## January to March 2018

MENU 10	Sunday 18 March	Monday 19 March	Tuesday 20 March	Wednesday 21 March	Thursday 22 March
SOUP 1	MINESTRONE	CHICKEN & CORN		THAI PUMPKIN SOUP	CHICKEN VEGETABLE SOUP
ENTRÉE 1	CHICKEN MARYLAN	FRIED FISH WITH TAR TAR SAUCE	FRIED CHICKEN BURGER OR GRILLED BEEF BURGER WITH FRENCH FRIES	CHICKEN PARMIGINA	ROAST CHICKEN
ENTRÉE 2	SPAGHETTI BOLOGNAISE	BEEF ENCHILADAS	PIZZA	BAKED FISH IN TOMATO SAUCE	PASTA CARBONARA
STARCH	PARSLEY POTATOES	STEAMED RICE		SPAGHETTI	ROAST POTATOES
VEGETABLE	CARROT & PEAS	CORN AND PEAS	VEGETABLE PIZZA	MIXED VEGETABLES	CAULIFLOWER MORNAY
VEGETARIAN 1	SPAGHETTI WITH GRILLED VEGETABLES	VEGETABLE TAJAN	FALAFEL BURGER	VEGETABLE STRUDEL	VEGETARIAN SAUTE
SALAD 1	GREEN SALAD	GREEN SALAD		GREEN SALAD	GREEN SALAD
SALAD 2	COLESLAW	MOROCCAN ORANGE & DATE		RUSSIAN SALAD	HUMMUS
SALAD 3	GREEK SALAD	TABBOULEH		GRILLED VEGETABLE SALAD	CAESAR
DESSERT 1	FRUIT CUPS & FRUIT YOGHURT	FRUIT CUPS	FRUIT CUPS & COOKIES	FRUIT CUPS	FRUIT CUPS & SMALL PIECE OF CAKE
DESSERT 2	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS	FRESH WHOLE FRUITS
BREAD 1	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD	ARABIC BREAD
BREAD 2	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS	WHITE & BROWN BREAD ROLLS
BEVERAGE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE	MILK/JUICE